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BEYOND SILENCE: LONELINESS, MARGINALISATION, AND SELF-ASSERTION IN ANYA SE ANANYA

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ABSTRACT

Prabha Khaitan's Anya se Ananya stands as a landmark in Hindi autobiographical writing, offering a candid exploration of loneliness, vulnerability, and the struggle for recognition. Unlike conventional life narratives that emphasise social achievements or family histories, Khaitan foregrounds her inner world and the psychological toll of negotiating patriarchal structures. Her autobiography becomes a feminist document of resistance, challenging cultural silences and asserting the legitimacy of women's private experiences. Through honesty, emotional complexity, and resilience, Khaitan redefines autobiography as a genre that can embrace both fragility and strength. In doing so, she situates herself within the broader tradition of Indian women's life writing, alongside figures such as Amrita Pritam and Kamala Das, while carving out a distinctive voice that critiques gendered marginalisation and affirms women's right to recognition

KEYWORDS: *Prabha Khaitan, Anya se Ananya, Hindi Autobiography, Feminist Selfhood, Loneliness and Isolation, Gendered Marginalisation, Struggle for Recognition, Women's Life Writing, Cultural Critique, Indian Feminist Literature*